

Anthony Jack Pick, MD, CDCES, CCCP, CCD

Clinical Assistant Professor of Medicine (Endocrinology), Northwestern University Feinberg School of Medicine
Endocrinologist, True Health, Deerfield, IL (Dec 2025–)

Former Systems Endocrinologist, Northwestern Medicine Lake Forest Hospital (2016–2025)

Nationwide Expert Witness & Consulting | Windy City Consulting, LLC

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Summary

Board-certified endocrinologist with 25+ years' experience in endocrinology, diabetes, and obesity medicine. Extensive leadership in hospital glucose management, perioperative care, and telehealth innovation. Provides nationwide expert witness services regarding standard of care, causation, and damages in endocrine, diabetes, and cardiometabolic medicine.

Areas of Expertise

- Diabetes Care – Type 1 & 2 diabetes, DKA/HHS, hypoglycemia, insulin pumps, CGM, hospital insulin protocols
- Perioperative Glucose Management – Protocol design, outcomes, and guideline adherence
- Medication Issues – GLP-1 and SGLT2 inhibitors, insulin therapy, steroid-induced hyperglycemia
- Obesity & Cardiometabolic Medicine – Pharmacologic therapy, lipid disorders, post-bariatric management
- Endocrine Disorders – Thyroid, adrenal, osteoporosis, vitamin D and calcium metabolism
- Technology & Telemedicine – Remote monitoring, CGM data integration, digital health workflows

Credentials & Education

- Board Certifications – Internal Medicine, Endocrinology/Diabetes & Metabolism, Obesity Medicine, Clinical Lipidology
- Certifications – Certified Diabetes Care & Education Specialist (CDCES), Cardiometabolic Clinical Professional (CCCP), Certified Clinical Densitometrist (ISCD CCD)
- Education – MBChB, University of Cape Town; Internal Medicine Residency, Johns Hopkins University; Endocrinology Fellowship, University of Chicago

Leadership & Academic Roles

- Clinical Assistant Professor, Northwestern University (1998–present)
- Director of Endocrinology, Northwestern Lake Forest Hospital (2018–2023)
- Director of Metabolic Medicine (2024–2025)
- Chair, Hospital Glucose Control Committee (2017–2025)
- Co-Chair, Diabetes Quality Subcommittee (2019–2025)

Selected Honors

- Northwestern Medicine Innovation Grant – Telemedicine (2018)
- Quality Award – Perioperative Glucose Project (2018)
- Distinguished Teacher of the Year – Northwestern Medicine Lake Forest Hospital (2017)

Legal Consulting Services

- Case review, expert reports, deposition and testimony (plaintiff or defense)
- Analysis of perioperative glucose and insulin protocols
- Device and drug case consulting (CGM, GLP-1, SGLT2, insulin)
- Case list and fee schedule available upon request