

**Aldo A. Arpaia, M.D., F.A.C.P.**

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## **BOARD CERTIFICATIONS**

Diplomate of the American Board of Internal Medicine. 1997, 2008, 2018, 2020, 2022, 2024 through 2028

The National Board of Physicians and Surgeons. Internal Medicine. 2015- present

Diplomate of the American Board of Quality Assurance and Utilization Review. 1999

**Licensure:** New York 197125, New Jersey 25MA08544600

## **RESIDENCY TRAINING**

Zucker School of Medicine at Hofstra, Internal Medicine Internship, Lenox Hill Hospital. July 1993- June 1994

Zucker School of Medicine at Hofstra, Internal Medicine Residency/ Chief Residency, Staten Island University Hospital. July 1994- June 1997

## **EDUCATION**

M.D., State University School of Medicine at Stony Brook. August 1989- June 1993

B.S., St. Francis College, September 1985- June 1989, Duns Scouts Honor Society.

## **PUBLICATIONS**

Chronic Microscopic Colitis with severe hypokalemia responding to subtotal colectomy. Yusuf, AE; Arpaia, AA; Goldberg, SL; Sottile VM. J. Clinical Gastroenterology, 1999 Oct; 29 (3):284-288

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## **ACADEMIC/ HOSPITAL APPOINTMENTS**

Clinical Assistant Professor, Dept. of Medicine. Zucker School of Medicine at Hofstra/ Northwell Health. February 2023- present

Attending, Dept. of Medicine, Northwell Health Staten Island University Hospital. July 1997- present

Attending, Dept. of Medicine, Richmond University Medical Center. September 1999- Present.

Director of Quality Assurance and Performance Improvement, Richmond Qual LLC Accountable Care Organization. January 2014- June 2020

Board Member and Treasurer, The Academy of Medicine of Richmond County. November 2017- March 2019

Director of Preoperative Medicine, Richmond University Medical Center. September 2012- March 2018

Director of Quality Assurance, Dept. of Medicine, Richmond University Medical Center. September 2001- October 2009

Attending, Emergency Dept., Northwell Health Staten Island University Hospital. June, 1997- November, 2005

Member of the Medical Executive Committee, Richmond University Medical Center, March 2012- March 2018

Clinical Instructor, Preoperative Management for the Consulting Physician, Academy of Medicine Richmond & Richmond County Medical Society. Spring of 2008, 2010, 2012, 2014, 2018

Attending, Clove Lakes Health and Rehabilitation Facility. September 2001- June 2010

Clinical Instructor, Internal Medicine Clerkships, SUNY Health Science Center, Brooklyn, NY, July 1997- June 2003

Staten Island University Hospital, Preceptor- Internal Medicine Residency. August 1997- June 2003

Clinical Instructor, Internal Medicine Residency, Staten Island University Hospital, Staten Island, NY, February 1996- December 2003

Pharmacy and Therapeutics Committee, July 1999- August 2003

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Ambulatory Medicine Performance Improvement Committee. July 1996- June 2002

Executive Committee of the Associate Council of the American College of Physicians. November 1996- September 1999

Executive Committee of the Associate Council of the American College of Physicians New York Chapter. September 1996-December 1999

Clinical Instructor, University Faculty Practice, Staten Island University Hospital, July 1996- May 1999

**CLINICAL/WORK HISTORY**

Pearl Health, ACO, Regional Medical Director, September 2024- present.

Consultants In Medicine, PLLC, Medical Director, December 2018- present

Managing Partner/Owner, Island Medical Consultants, P.C., Internal Medicine, September 1997- present

Visiting Nurse Association of Staten Island, Medical Director, October 2020 -September 2024

Richmond Qual, ACO, LLC. Board of Directors & Vice President, February 2015- September 2024

Verrazano Nursing Home, Attending. September 1994- October 2021

Clove Lakes Health and Rehabilitation, Attending. July 2001 – June 2010

Medical Consultant, Disease Management and Informatics, System Arts, March 1999- September 2001

Creator and Editor of the 'Healthy Times'. A patient newsletter for Staten Island University Hospital's Faculty Practice. February 1996- July 1997

Coordinated disease management telephone triage protocols for Staten Island University Hospital's Faculty Practice. April 1997- October 1998

Established the Evidence Based Medicine Weekly Primary Care Conference for Internal Medicine Residency Program, Staten Island University Hospital, July 1996- March 2000

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## **MEMBERSHIPS**

New York State Trooper Surgeon, January 2023- Present

American College of Physicians, June 1994- present

Society of Preoperative Quality Assurance and Assessment, March 2005- present

## **HONORS/ AWARDS**

Ernest A. Codman Award from the Joint Commission on Accreditation of Healthcare Organizations in 2004 Northwell Health, Staten Island University Hospital. The hospital was recognized for my work in establishing and implementing as the medical consultant my Preoperative Risk Protocol for high-risk hip fracture patients. We reduced preoperative morbidity and mortality by over 50%.

New York Magazine's Top Doctors 2016, 2017, 2018, 2019, 2021, 2023, 2024, 2025

Castle Connolly's Top Doctors 2015 through 2025

Vitals Patients' Choice Awards, 2010 through 2022

Vitals Top 10 Doctors, 2013 through 2021