Dr. Michael Tang, PT, DPT, CMPT CLCP, CMCPS

Weston, FL

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EDUCATION


## 2016 Doctor of Physical Therapy, DPT

* *Florida International University, Miami FL*

## 2013 Bachelor of Science: Applied Physiology and Kinesiology, BS

* *University of Florida, Gainesville FL*

#  PROFESSIONAL EXPERIENCE

2021 – Current **Pinnacle Home Health,** Davie, FL

*Home Health Physical Therapist*

* + Evaluation and rehabilitation of patients including balance dysfunction related to history of falls, respiratory and cardiac related pathologies, kidney and liver transplants post-op, oncological pathologies, neurological conditions (i.e. stroke, TIA, Parkinson’s, multiple sclerosis, Alzheimer’s, ALS, dementia), COPD, dyspnea, post-surgical knee, shoulder, hip joint replacements, spinal fusions, fall injuries, neurological conditions

2019 – Current **Myotix Home Health,** Davie, FL

*Independent Home Health Physical Therapy*

* + At-home physical therapy service in specialties of orthopedic rehabilitation

2021 – 2023 **Supra Home Health,** Tamarac, FL

*PRN Home Health Physical Therapist*

* + Evaluation and rehabilitation of patients including post-surgical and cardiovascular complications

2021 – 2022 **Bahrson’s Health Services,** Pembroke Pines, FL

*PRN Home Health Physical Therapist*

* + Evaluation and rehabilitation of patients including post-surgical and cardiovascular complications

2018 – 2023 **Holy Cross Health,** Fort Lauderdale, FL

*Outpatient Physical Therapist*

* + Administered patient care services and treatment at a hospital based outpatient physical therapy clinic that delivered therapies in orthopedic, rheumatologic, sports, cardiac, and neuromuscular rehabilitation specialties utilizing various interventions of physical therapy including instrument assisted soft tissue mobilization (IASTM) tools
	+ Evaluation and rehabilitation of patients including post op total knee and hip replacements, sacroiliac dysfunction, arthritis, disc pathologies, post joint fractures, post-op rotator cuff repairs, anterior cruciate ligament and meniscal procedures, ankle sprains, post-concussion, vertigo related to benign paroxysmal positional vertigo (BPPV), hand injuries/tendon repairs, lumbar and cervical spine injuries, fall injuries, neurological conditions (i.e. stroke, TIA)

## 2018 – 2019 Symmetry Fitness [Sports/Gym Facility] (Physical Therapy Plus by the Sea: Satellite Location)

*Outpatient Physical Therapist*

* + Evaluation and rehabilitation of patients including sports related injuries including shoulder impingement, tendinitis, low back pain, elbow and wrist overuse injuries
	+ Physical therapy rehabilitation with utilization of Graston-like tools (IASTM) for soft tissue mobilization, cupping and kinesio-taping

2017 – 2019 **Physical Therapy Plus by the Sea,** Lauderdale by the Sea, FL

*Outpatient Physical Therapist, 2017 – 2019, Lead Physical Therapist 2018-2019*

* + Evaluation and rehabilitation of patients including post-ops ACL reconstruction, post-op care joint replacements, spinal fusions, arthritis, disc pathologies, facet disorders, post fractures, post-op rotator cuff repairs, Parkinson’s disease, meniscus tears, ankle sprains, post-concussion, complex regional pain syndrome (CRPS), temporomandibular joint (TMJ) dysfunction
	+ Clinical instructor to doctoral FIU student for 8 week clinical internship with emphasis on proper decision making and implementation of manual therapy skillset, assessment of ethical procedure and executing appropriate interventions in accordance to medical diagnoses and treatment techniques in a professional setting abiding by established physical therapy standards of care.

#  CERTIFICATIONS

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| 2024 | Certified Life Care Planner (CLCP)*International Commission on Health Care Certification (ICHCC)* |
| 2024 | Certified Medical Cost Projection Specialist (CMCPS)*International Commission on Health Care Certification (ICHCC)* |
| 2017 | Certified Orthopedic Manual Therapist (CMPT)*Florida Institute of Orthopedic Manual Physical Therapy (FIOMPT)* |
| 2016 - 2017 | Certified Strength and Conditioning Specialist (CSCS)*The National Strength and Conditioning Association (NSCA)* |

 PROFESSIONAL ORGANIZATIONS

* International Association of Rehabilitation Professionals (IARP)
* Association of Certified Life Care Planners (A-CLCP)
* American Physical Therapy Association (APTA)

#  LICENSURE

* Licensed Physical Therapist, Florida PT #32309
* Certified Life Care Planner, #1774
* Certified Medical Cost Projection Specialist, #0027

#  LANGUAGES

* English (Native)
* Cantonese (Conversational)

 PROFESSIONAL DEVELOPMENT AND CONTINUING EDUCATION

* May 2017 Advanced Kinematic Taping of Spine and Extremities. *Institute of Orthopedic Manual Physical Therapy*
* May 2018 Rehab Management of Tendinopathy: Beyond Eccentrics. *Holy Cross Hospital*
* June 2018 Shoulder Instability and Labral Tears. *Holy Cross Hospital*
* July 2018 Introduction to Musculoskeletal Ultrasound Diagnostic. *Holy Cross Hospital*
* Aug 2018 The Role of Internal Bracing in Ligament Injury/Healing. *Holy Cross Hospital*
* Dec 2018 Orthopedic Manual Physical Therapy: Series - 150 Hrs. *Institute of Orthopedic Manual Physical Therapy*
* Sept 2019 Advanced Lymphatic Drainage. *Healing Art Therapy*
* Oct 2019 Orthopedic Physical Therapy Residency Capstone Presentations. *Holy Cross Hospital*
* Jan 2020 4th Annual Technology and Innovation in Orthopedics Symposium. *Holy Cross Hospital*
* Aug 2020 Regional Interdependence: The Use of Spinal Manipulation in the Treatment of Peripheral Extremity Pain

*Holy Cross Health*

* Jan 2022 6th Annual Technology and Innovation in Orthopedics Symposium. *Holy Cross Health*
* Jan 2023 Physical Therapy practice in the Home Health Care Setting. *At Home Seminar*
* Sept 2023 Understanding Data and Statistics for Physical Therapist. *At Home Seminar*
* Jan 2024 Myofascial Interventions Update 2024 Part I: IASTM and Mechanical Percussion. *At Home Seminar*
* Jan 2024 Myofascial Interventions Update 2020 Part II: Roller Massage and Flossing Bands. *At Home Seminar*
* Jan 2024 The Seating and Mobility Specialist. *At Home Seminar*
* Jan 2024 Combatting the Four F’s of Aging: Falls, Fear of Falling, Frailty, and the Floor. *At Home Seminar*
* Feb 2024 Acute Dizziness and Vertigo: Assessment and Treatment. *At Home Seminar*
* Feb 2024 Differential Diagnosis of Intra-Articular Versus Extra Articular Hip Impingement *At Home Seminar*
* Feb 2024 Groin Pain: Etiology, Differential Diagnosis, and Treatment Strategies. *At Home Seminar*
* Feb 2024 Life Care Planning Methodology, Standards and Ethics. *Southwest Florida Training Institute.*
* Feb 2024 Assessment of Impairments and Catastrophic Care Management. *Southwest Florida Training Institute*
* Feb 2024 Vocational Rehabilitation and Best Practices. *Southwest Florida Training Institute*
* Feb 2024 Developing an Integrated Life Care Plan. *Southwest Florida Training Institute*
* Mar 2024 Forensic Aspects of Life Care Planning. *Southwest Florida Training Institute*
* May 2024 Functional Capacity Evaluator, Return To Work, Work Hardening and Work Conditioning Training. *Occupro*
* Jun 2024 GLP-1 Weight Loss Medications: What Healthcare Providers Should Know! *At Home Seminar*
* Aug 2024 Ethics in Action – A Legal and Therapy Perspective. *At Home Seminar*
* Nov 2024 2024 IARP Fall Forum and IALCP Symposium. *IARP*