



Harriet Jacobster, AuD, CCC-A, CHC, CMT, CFAS

Audiologist, Certified Health Coach, Master Trainer, Certified Functional Aging Specialist

Expert Witness, Consultant

Specializing in tinnitus, personal injury, military and noise-induced hearing loss and holistic wellness

CONTACT DETAILS

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www.leflofitness.com

CORE SKILLS

Results-Driven

Nexus Letters

Expert Reports

Client Assessment

Investigative Research

Records Review

PERSONAL PROFILE

Dr. Jacobster is an Award-winning ASHA-Certified Audiologist with 40 years of experience in advanced diagnostics and treatment. With specialty training in Tinnitus and Cognition and VA-trained in Compensation and Pension Evaluations and Military Noise Exposure, she has served as an Expert Witness on several cases dealing with Military Hearing Loss, 3M Faulty Hearing Protection, Personal Injury, and Malpractice. She has served on the undergraduate and graduate faculty of several colleges and universities, as well as on the staff of several major hospitals in Florida and NY. She holds certifications as a Health Coach, Master Trainer, and Functional Aging Specialist. She is currently licensed in both New York and Florida.

SUMMARY OF EXPERIENCE

PROFESSIONAL

October 2007 to Present **Lyric Audiology PLLC, NY** **Owner/Provider**

Diagnostic and Rehabilitative Services. Designed, developed, and maintained all aspects of a private practice, including marketing, financial, and executive duties. Expert Witness services for several major cases involving 3M Earplugs and personal injury. Veteran Disability Benefits evaluations and appeals.

May 2023 to Present **LeFloFitness LLC, NY** **Owner/Provider**

Offering Individualized and group programs and Virtual classes in Health & Wellness Coaching, Senior Fitness, Stress and Diet Management, Cognitive Health

ACADEMIC EXPERIENCE

Aug 2004-May 2005. MERCY COLLEGE, Dobbs Ferry, New York

Clinical Supervisor, Audiology. Department of Communication Disorders.

Established hearing aid clinic.

Sep 2001-Aug 2003 BRIDGEWATER STATE COLLEGE, Bridgewater, Massachusetts.

Assistant Professor and Clinical Supervisor, Audiology, Department of Special Education and Communication Disorders and Academic Advisor.

Developed course curricula; implemented screening program for local schools.

EDUCATION

AuD. Doctor of Audiology, 2000 | Nova Southeastern University | Ft. Lauderdale, FL

Title of Professional Research Project: "The Efficacy of Chirp Stimuli in Notched Noise to Obtain Frequency-Specific Auditory Brainstem Responses"

Certificates in Advanced Tinnitus Diagnosis and Treatment | Jastreboff Tinnitus & Hyperacusis Center, Maryland

May 2018 Tinnitus Retraining Therapy for Management of Tinnitus and Hyperacusis

Oct. 2019 Tinnitus Retraining Therapy for Management of Decreased Sound Tolerance

Oct. 2019. Advanced Class on Tinnitus Retraining Therapy

PUBLICATIONS & PROFESSIONAL CONSULTING

- In Progress Audiology and Motivational Interviewing: The Perfect Combination for Patient-Centered Care and Management (presentation for ASHA Convention 2025)
- In Progress Tinnitus: A Whole-Person Approach to Management (tentative title – Book)
- Present Expert Contributor, Audiology, SNORKEL
- Present Peer Reviewer, On-Line Journal of Audiology, medcraveonline.org
- Present Review Panel, The Internet Journal of Allied Health Sciences and Practice
- Present Consultant, Guidepoint Global Advisors/AlphaSights
- 2025 Editorial on LeFlo Fitness, e-Wellness.com
- 2011 Authored numerous articles on Hearing loss for local newspapers and magazines
- 2011 Articles on Tinnitus for the American Tinnitus Association
- 2009-10 Blogger, Better Hearing Institute: www.betterhearing.org
- 2008-09 “Expert” Audiologist, AllExperts.com
- 2009 “Ototoxicity” The NYS Reporter, Hearing Loss Association of America, NYS Chapter
- 2005-06 Care2Learn, online HealthNow: Author/Peer Reviewer, Continuing Education
- 2002-3 “Cochlear Implants and Music Recognition.” In collaboration with Ali Danesh, Ph.D.
Research Project at Florida Atlantic University

PRESENTATIONS & LECTURES

- 2022 *Hearing Loss and Tinnitus: VA Disability Claims and Appeals*, presented at the Annual Training Meeting of the NYS Division of Veterans Services
- 2021 *Healthy Hearing and You*. Bi-Monthly Online-Class Sponsored by the NYS Department of Aging
- 2021 Three Presentations in Fulfillment of NYS Licensing Requirements, New York State Annual Convention:
Infection Control for the Hearing Healthcare Professional
NYS and Federal Laws and Regulations
Looping and Other Assistive Listening Devices
- 2020 *Interdisciplinary Approach to Tinnitus Evaluation and Treatment*. NYSSLHA Annual Convention
- 2018 *Know your VA Disability Rights: Hearing Loss and Tinnitus*. Orange County NYS VSO Organizations
- 2017 *Communicating with the Hearing-Impaired during Emergency Situations*. Orange County NY Medical Reserve Corps
- 2016 *Incorporating Tele-Audiometry into Your Practice Using the tele-iAudiometer*.
Poster Presentation, National Convention Amer Speech Language Hearing Association.
- 2010 *Ototoxicity: Your Ears on Drugs*. Presentation to HLAA Westchester, NY
- 2010 *Living Better with Hearing Loss*. Member, Panel Discussion. HLAA, Westchester, NY
- 2009 *Adapting to Hearing Loss*. North Salem NY Senior Center
- 2008 *Hearing Aid Technology*. Question and Answer lecture, HLAA Westchester.
- 2008 *Healthy Hearing: Five Lectures* presented at the Somers, NY Public Library
- 2008 *An Evening with An Audiologist*. Presented at Chapel Hill Homeowners Association
- 2006 *Aural Rehabilitation: More than Just Lip Reading*. SHHH Chapter Boca Raton, Florida
- 2001 *The Efficacy of Using Chirp Stimuli in Notched Noise to Obtain Frequency-Specific Auditory Brainstem Responses*. Poster Presentation National Convention AAA
- 2001 *The Best Fit for Your Hearing Loss*. Panelist, SHHH Chapter, Delray Beach, Florida
- 2000 *Hearing Loss and Dizziness in the Patient with Traumatic Brain Injury*. Presentation to Medical Staff Pinecrest, FL
- 2000 *Digital Hearing Aids: Are They for Everyone?* SHHH Chapter, Boca Raton, Florida

AFFILIATIONS and MEMBERSHIPS

- 2023-Present International Sports Sciences Association – Certified Member
- 2021-Present National Society of Health Coaches – Certified Member
- 1992-Present American Speech Language Hearing Association, Lifetime Certified Member
- 2021-2022 Member, New York State Speech Language Hearing Association
- 2016 Member, ASHA Special Interest Group (SIG) 18 – Telepractice

2013-Present Tinnitus Support Counselor, American Tinnitus Association
2013 Working Group for QA and PQRI, American Academy of Audiology
2008-2013 Professional Advisor, Hearing Loss Association of America, Westchester, NY Chapter
2010-2013 Practice Compliance Committee, Group Leader, American Academy of Audiology
2004-2014 Fellow, American Academy of Audiology
2010-2013 Membership Committee, Volunteer Member, American Academy of Audiology
2010-2013 Resume Review Sub-Committee, Chair. American Academy of Audiology
2004-2010 American Board of Audiology, Board Certification
2004-2006 Committee for Continuing Education, American Academy of Audiology
2006-2010 Marketing Committee, American Board of Audiology,
2003-2004 Academy of Dispensing Audiologists, Associate Fellow
2003-2004 New York State Speech-Language-Hearing Association, Member
2003-2004 Self-Help for the Hard of Hearing, Professional Member
2003-2004. Association of Adult Musicians with Hearing Loss: Member, Board of Directors, Chair of
Advocacy Committee
2004 Association of Medical Professionals with Hearing Loss, Co-Chair, Fundraising Committee
2002 Nominee, Member-at-Large, American Board of Audiology
1999 National Association of Future Doctors of Audiology, Member
1997-98 Florida Speech Language and Hearing Association, Member
1994 Advisory Committee in Audiology, American Speech Language Hearing Association
1994 Affiliate, Special Interest Group 6: "Hearing and Hearing Disorders, Physiology and
Psychoacoustics." American Speech Language Hearing Association
1993-94 Allied Health Staff, JFK Medical Center, Atlantis, Florida

EXPERT WITNESS CASES

2024 Siegel & Richardson, Oakland, CA
Sears vs. Picon & DeFilippas, Malpractice
2024 Kruse Law, Wayne, NJ
Matias vs Uber Driver, MVA resulting in Tinnitus
2023 Freiwald Law, Philadelphia, PA
Dasta/Macerelli vs Desai MD et al., Malpractice
2023 Rogers Law, Seattle, WA
Estates of Wayne & Rock vs City of Seattle Light Rail, Wrongful Death
2023 Jonathan Perkins, Bridgeport CT
Sells vs Unnamed Driver, Personal Injury/Tinnitus
2022-2024 Simon Law Firm, St. Louis, MO
Various Plaintiffs vs 3M COMBAT ARMS EARPLUG PRODUCTS, 4 Cases

AWARDS

Winner, Readers' Choice Award Winner Best Hearing Aid Clinic, Mid-Hudson Valley NY 2017, 2018, 2019, 2020, 2021,
2022, 2023, 2024
Winner, Readers' Choice Award Winner Best Audiologist, Mid-Hudson Valley, NY 2023, 2024

LICENSES & PROFESSIONAL CERTIFICATION

Certificate of Clinical Competence in Audiology, American Speech Language Hearing Association
New York State License in Audiology #001314
NYS Hearing Aid Dispenser 14000018600
Florida Audiology License #AY2456

Specialized Certifications

- Aug. 2022. Certified Health Coach, National Society of Health Coaches
- July, 2023 Certified Functional Aging Specialist, Functional Aging Institute
 - Certified Brain Fitness Specialist
 - Certified Group Fitness
- July, 2023. Certified Master Trainer, International Sports Sciences Association
 - Certified Nutritionist
 - Certified Senior Fitness Specialist
 - Certified Corrective Exercise Specialist
 - Certified Exercise Therapy Specialist
 - Certified Strength & Conditioning Specialist
- 2022-24 Certified Mindfulness-Based Cognitive Therapy Practitioner
 - Certified Yoga Instructor,
 - Certified Mat/Comprehensive Pilates Instructor,
 - Certified in Mindfulness and Meditation
 - Certified in Tai Chi
 - Certified in Rebounder
 - Certified Silver Sneakers Instructor