Board certified Family Medicine physician currently full-time staff at Kaiser Permanente in Colorado practicing full scope medicine. Always motivated to take on more responsibilities and always ready to assist. Strong team player to ensure success of all.

**EDUCATION**

**St. George’s University, School of Medicine.**

**San Francisco State University. San Francisco, CA**

**CERTIFICATIONS**

* Family Medicine Board
* California Medical Board
* Colorado Medical Board
* BLS. ACLS. ATLS. TCCC
* MedXcellence

**CIVILIAN EXPERIENCE Kaiser Permanente 2016-Present**

Full time staff physician with full scope practice.

* Board certified Family Medicine provider.
* Supervisor to 2 midlevel providers: assisting with chart reviews as well as difficult case consultations.
* Serving on Peer Review Board to better improve patient outcome.
* Cardiac stress lab: treadmill stress test to increase access as well as broaden scope of practice.
* Mentor: working closely with Colorado State University medical students as they rotate through Kaiser during their clinical years.

**Physician Consultant 2022-Present**

* Assisted the VA with disability claims.
* Work with private individual for additional/third opinion.
* Pro bono consultations for local community needs.

**MILITARY EXPERIENCE US Navy, Reserves, 2016-Present**

Successfully transitioned to the reserves after active duty in 2016.

* Travel Team: Assisted different NRC with medical readiness, cost saving to the US Navy.
* EMF DALLAS/EMF JAX: Served as medical Department Head at the cross assigned unit. Improving medical readiness from 78% to 94%. Managing PHAs during each drill weekend, assisting with cost savings to the US Navy.
* Recently gained to 2/23 Marines: assisting with medical readiness as always. Improved medical readiness from 58% to 89% at the gaining command for the period of April through June. Became the OIC of the local cross assigned unit, BTYQ
* Marine Corps Individual Reserve Support: actively assisting the MCIRS as marines are leaving active duty to ensure proper alignment for successful transition.
* MC candidate interviewer: Interviewed 5 candidates over the years to ensure the right fit for military obligations as well as understanding military medicine.
* Corpsman teaching: ensuring our corpsman are ready by providing lectures as well as procedure workshops during DWE as well as during AT.
* PRT: Consistently scored excellent.

**US Navy, Active duty, 2012-2016**

**Naval Medical Center Portsmouth (NMCP) Portsmouth, VA**

*Staff Physician* 2012 - 2016

*Department Head*  2014 - 2016

* NCQA certified medical home port. Responsible for 18-24 patients a day with a patient panel size of 1500 and providing maximum access to NMCP and its branch clinics.
* Supervise transitional interns to ensure confident and independent operation in the field. Incorporated procedure clinic into schedule which ranges from dermatological procedures to joint injections to gynecological procedure, including IUD and colposcopies. Assisted in labor and delivery when census was high.
* As department head, I am part of the team that ensured smooth day-to-day operations and being a liaison for the chain of command. Ensuring highest and up to date care with chart reviews.