# AARTI A. SINGLA, M.D., M.B.A.



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# **PROFILE**

Johns Hopkins-trained, dual Board-Certified in Pain Management and Physical Medicine & Rehabilitation. Diplomate of the American Board of Physical Medicine & Rehabilitation (2019 Recertified) and Pain Medicine (2012). Certified Independent Medical Examiner (ABIME 2021). Skilled expert witness and medical case reviewer. Conducts Independent Medical Examinations. Active licenses in Ohio and Kentucky. 10+ years in clinical practice inpatient and outpatient. 5+ years conducting medico-legal work. Experience includes: medical malpractice, occupational, civil litigation, personal injury, and standard of care.

# PROFESSIONAL EXPERIENCE

BEACON ORTHOPAEDICS & SPORTS MEDICINE, Cincinnati, OH, February 2021-Present *Private Practice Physiatrist* 

WELLINGTON ORTHOPAEDIC & SPORTS MEDICINE, Cincinnati, OH, July 2015-January 2021 Executive Board Member

Committee Member: OrthoBiologics and Spine Committee for Mercy Health

CLINTON MEMORIAL HOSPITAL, Wilmington, OH, October 2012-November 2014 Medical Director of Inpatient Rehabilitation Unit Interventional Spine and Rehabilitation

PREMIER CARE ORTHOPEDICS, St. Louis, MO, April 2009-November 2010 *Private Practice Physiatrist* 

#### EDUCATION

XAVIER UNIVERISTY, Cincinnati, OH, September 2014-December 2015 *Master's in Business Administration* 

UNIVERSITY of KENTUCKY, Lexington, KY, January 2011-December 2011 *ACGME Accredited Fellowship in Anesthesiology Pain Medicine* 

JOHNS HOPKINS UNIVERSITY, Baltimore, MD, July 2005-June 2008 *Residency in Physical Medicine and Rehabilitation* 

AKRON GENERAL MEDICAL CENTER, Akron, OH, July 2004-June 2005 *Internship in Internal Medicine* 

#### **EDUCATION**

NORTHEASTERN OHIO UNIVERSITIES COLLEGE OF MEDICINE, Rootstown, OH *Doctor of Medicine (M.D.)*, 2004

YOUNGSTOWN STATE UNIVERSITY, Youngstown, OH Bachelor of Science (Magna Cum Laude) (6 Year Accelerated BS/MD Program), 2000

• President's Scholarship and Dean's List

## **PUBLICATIONS**

Amol Soin, MD, Srinivas Vuppala, MD, Gregory Surfield, MD, Ricardo Buenoventura, MD, Mark Malinowski, DO, Akash Rajaratnam, BS, Rahul Madan, DVM, Omar Khan, MS, Tammy Dann, DO, Aarti Singla, MD, Alex Escobar, MD, Humam Akbik, MD, Harsh Sachdeva, MD, Yasmeen Soin, JD, Shalini Shah, MD, Rajbir Minhas, MD, and Atul Chandoke, MD. Ohio Response to COVID-19 and Its Impact on Interventional Pain Management Practices. Pain Physician, 2020;23. ISSN 1533-3159.

**Singla, A**, Sloan, P. Pharmacokinetic Evaluation of Hydrocodone/Acetaminophen for Pain Management. Journal of Opioid Management. January/February 2013. Pages 71-80.

Feldman, D, Gonzalez-Fernandez, M, Singla, A, Singla, S, Krabak, BJ. Hip and Pelvis Injuries in Special Populations. Hip and Pelvis Sports Medicine, Springer Publication. Chapter 9. (Review of hip and pelvis injuries in athletes with spinal cord injury, amputations, cerebral palsy and various other conditions).

#### **AWARDS**

Top Doctor 2022 Cincinnati Magazine Top Doctor 2019 Cincinnati Magazine

#### **PRESENTATIONS**

Singla, A., Pain Innovation Webinar, Fairfield, OH, Presentation to Primary Care Physicians, May 2020

Singla, A., Pain Management Webinar, Fairfield, OH, Presentation to the community, May 2020

Singla, A., Pain Management Webinar, Fairfield, OH, Presentation to the community, April 2020

**Singla, A.,** Innovative Treatments in Orthopaedics, Fairfield, OH, Presentation to the community, December 2019

**Singla, A.,** Innovative Treatments in Orthopaedics, West Chester, OH, Presentation to the Physical Therapists, October 2019

**Singla, A.,** Platelet Rich Plasma in Orthopaedics, Cincinnati OH, Presentation at the Ohio Society for Interventional Pain Physicians, August 2019

**Singla, A.,** Innovative Treatments in Orthopaedics, Kenwood, OH, Presentation to the Primary Care Physicians, May 2019

## **PRESENTATIONS**

- **Singla, A.,** PRP for Soft Tissue Injuries, Cincinnati, OH, Presentation at the 2019 Ohio and Kentucky Societies of Interventional Pain Physicians, August 2019
- **Singla, A.,** Regenerative Treatments in Orthopaedics, West Chester, OH, Presentation to the community, April 2019
- Singla, A., Spinal Cord Stimulation Updates, Eastgate, OH, Presentation to the community, April 2019
- Singla, A., Spinal Cord Stimulation Updates, Fairfield, OH, Presentation to the community, March 2019
- **Singla, A.,** Platelet Rich Plasma and Stem Cells in Orthopaedics, West Chester, OH, Presentation to Physical Therapists, December 2018
- Singla, A., Dorsal Root Ganglion Stimulators, Mercy Fairfield Hospital, Primary care providers Presentation, August 2018
- **Singla, A.**, Intrathecal Therapies for Cancer Pain Management. University of Kentucky, Grand Rounds, May 2011
- Singla, A., Intrathecal Therapies. University of Kentucky, Pain Lecture Series, April 2011.
- **Singla, A.**, Efficacy of Opioids for Chronic Pain A Review of the Evidence. University of Kentucky, Journal Club, March 2011.
- Singla, A., Diabetic Amyotrophy. University of Kentucky, Pain Lecture Series, February 2011.
- Singla, A., Low Back Pain: Current Treatments. Indian Medical Council, St. Louis, MO, April 2010.
- **Singla, A.**, Lumbar Radiculopathy: Electrodiagnostics and Injections. Missouri Employee Mutual, January 2010.
- Singla, A., Low Back Pain: Evaluation and Management. St. Clare's Hospital Lunch Speaker Series, August 2009.
- **Singla, A.**, Chiari Malformation in an Athlete with Complex Concussion. Johns Hopkins University Grand Rounds, June 2008.
- **Singla, A.**, Examination and Special Tests of the Painful Wrist and Hand. Good Samaritan Hospital Musculoskeletal Lecture Series, July 2007.
- **Singla, A.**, Sciatic Nerve Entrapments and Electrophysiological Findings. Johns Hopkins PM&R Anatomy Lecture Series, May 2007.
- **Singla, A.**, Management of Work-Related Carpal Tunnel Syndrome. Johns Hopkins PM&R Didactics, March 2007.

**Singla, A.**, Spinal Cord Syndromes. Good Samaritan Hospital Spinal Cord Lecture Series, December 2005.

**Singla, A.**, Occipital Neuralgia Diagnosis and Treatment. Good Samaritan Hospital Orthopedics Lecture, August 2005.

## **VOLUNTEER WORK**

Executive MBA Advisory Board - Xavier University - March 2019- Current

Xavier University - Undergraduate Mentorship, Jan 2017- March 2018

American Indian Physicians Board – Junior Member – Jan 2018-December 2018

Spine Intervention Society – Education Division – 2016-2017