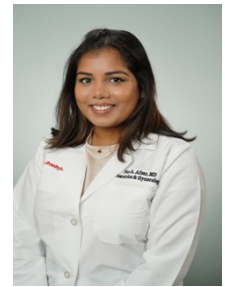


# **NUR AFREEN AFSAR, MD, FACOG**

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Cell: 917-325-0052



- Board Certified by American College of Obstetrics & Gynecology since 2021
- State Medical License: New York
- Specializing in obstetric & gynecologic emergencies (postpartum hemorrhage, emergency cesarean deliveries, operative deliveries, postpartum complications, ectopic pregnancies, ovarian torsion, gynecological surgery complications)
- Active in teaching residents, medical students

## **EMPLOYMENT**

New York Presbyterian Hospital- Queens  
Obstetrics & Gynecology, Hospitalist 8/2021-Current

## **EDUCATION**

NYU Long Island, Mineola, NY  
Obstetrics & Gynecology Hospitalist Fellow 07/2020- 06/2021  
Obstetrics & Gynecology Resident 07/2016- 06/2020  
Passed Fundamentals of Laparoscopic Surgery Program 05/2019

New York Medical College, Valhalla, NY 08/2014 – 05/2016

Sophie Davis School of Biomedical Education  
City College of New York B.S./M.D. 08/2009 - 06/2014  
BS, Biomedical Education, Minor: Theatre, Magna Cum Laude

## **TEACHING**

**Obstetrics & Gynecology Question Author** 3/2021-Current  
*Rosh Review: Medical Board Exam Review & Question Banks*

**Teacher's Assistant** 12/2009- 2/2010  
*GED Course at Sunnyside Community Center*

**SHSAT Class Instructor** 12/08-06/09  
*Khan's Tutorial*

## **LEADERSHIP ACTIVITIES:**

**OBGYN Quality Improvement Committee,** 7/2020-7/2021  
*NYU Long Island Hospital OBGYN Department*

- Reviewed patient medical records monthly to assess cesarean section rate and if they met criteria

for cesarean section based on the standard of care

- Presented and discussed cases that did not pass review with the department at monthly meetings

**OBGYN Chief Resident-Medical Student Liaison,**

2019-6/2020

*NYU Long Island School of Medicine*

- Provide mentorship and shadowing opportunities to medical students on the OBGYN track at the NYU LISOM

**President**

2019-6/2020

*ACOG Junior Fellow District 2, Section IV*

- Attending Biannual advisory meetings
- Planning Section IV Winthrop Clothing Drive Winter 2019
- Planning Post-CREOG Party with all Section IV OBGYN Residents
- Attended ACOG's 2019 Annual Meeting in Nashville

**NYU Winthrop Resident Wellness Committee**

6/2017- 7/2021

*Office of Academic Affairs*

- Meeting monthly to organize events for residents of NYU Winthrop Hospital
- Advertising and hosting social events for residents

**Vice President,**

2018 – 2019

*ACOG Junior Fellow District 2, Section IV*

- Developed and Executed Winthrop's "Wellness Week" where each day of the week had wellness activities planned for all OBGYN house staff, PAs and nurses
- Attended ACOG's 2018 Annual Congressional Leadership Conference where we advocated for Maternal Health Accountability Act and Medicaid Expansion
- Attended ACOG's 2018 Annual Meeting in Washington DC
- Attended ACOG's 2018 District II Annual Meeting
- Attended Biannual advisory meetings

**President,**

9/09-6/12

*CUNY Sophie Davis Chapter American Medical Student's Association (AMSA)*

- Organized and hosted Annual Book Sale, Fundraisers for AIDS Walk, New York Care's Day (Spring and Fall), Street Squash Nutritional Seminars, Nutritional Education Series with Dr. Deen, Food Day Movie Screening, Primary Care Fair with ~7 physicians and student organizations such as Family Medicine Interest Group, AMSA Region 1 Mixer with other medical students from Albert Einstein College of Medicine, Robert Wood Johnson Medical School and Touro College of Osteopathic Medicine

**Committee Chair,**

6/10-6/12

*Sophie Davis Peer-Advising Committee*

- Created questionnaires for incoming class of 2016 as well as current SDSBE students
- Lead team meetings to read all questionnaires and pair mentors and mentees in an appropriate way to ease the transition of new students
- Organized mentor-mentee games at annual freshman picnic to allow for mentor mentee pair bonding through competition

**AWARDS**

**Resident Achievement Award- Outstanding MIS Resident** 2019  
The Society of Laparoscopic Surgeons

**Poster of Distinction** 2019  
NYU Winthrop Hospital Research Day

**Academic Achievement Award** 2018  
NYU Winthrop Graduation Ceremony

**Dean's Award for Distinction in Community Health and Social Medicine** 2014  
Sophie Davis School of Biomedical Education

**Sophie and Leonard Davis Scholarship** 2014  
Academic Excellence and Community Service Involvement

### **RESEARCH POSTER PRESENTATIONS**

**Afsar, N.,** Dinglas, C, Davis J, Kim S, Ackerman M, Herrera K, Chavez, M. Is first trimester maternal serum alpha fetoprotein predictive of adverse pregnancy outcomes? Poster Presented at: ACOG Annual Clinical Meeting in Nashville 2019 and NYU Research Day 2019

**Afsar, N.,** Brauerman, S., Mao, Y.. (2008). Aurora B Phosphorylation on BubR-1 Regulates Metaphase Chromosome Alignment Poster presented at: New York City Science and Engineering Fair; New York, NY.

**Afsar, N.,** Greenhalgh, T., Edelsack, P.. (2014). Barriers to Optimum Pregnancy Outcome in South Asians with Diabetes: a qualitative study of women's experience Poster presented at: Sophie Davis School of Biomedical Education Annual Research Symposium; New York, NY.

**Afsar, N.,** Nunes, J., Girardin J.L., Nayaz, S.. (2012). Attitudes and Beliefs Toward Sleep Apnea Assessment and Treatment Among Primary Care Physicians Poster presented at: Brooklyn Health Disparities Center- Sleep Apnea Research Grand Rounds and Sophie Davis School of Biomedical Education Annual Research Symposium; New York, NY.

### **PUBLICATIONS**

Greenhalgh, T., Clinch, M., **Afsar, N.,** Choudhury, Y., Sudra, R., Campbell-Richard, D., Claydon, A., Hitman, G.A., Hanson, P., & Sarah, F.. (2015, May 21). Socio-cultural influences on the behavior of South Asian women with diabetes in pregnancy: a qualitative study using a multi-level theoretical approach. *BMC Medicine* (2015) 13:120.

Dinglas, C. **Afsar, N.** Cochrane E, Davis J, Kim S, Akerman M, Wells M, Chavez M, Herrera K, Heo H, Vintzileos. First trimester maternal serum alpha fetoprotein is associated with ischemic placental disease. *Am J Obstetrics and Gynecology* 2019

### **PROFESSIONAL ACTIVITIES:**

**Partners for Change- Health Justice Fellow** 08/12- 06/13

*Colin L. Powell Center for Leadership and Service, City College of New York*

- Worked closely with Health Justice Attorney at New York Lawyers for Public Interest to learn about current, pressing issues in healthcare through literature, research and discussion
- Wrote a literature review addressing the healthcare of undocumented immigrants; to be published in “Health Disparities and Health Care Rights in New York City, NYLPI Community Advocacy Handbook”
- Advocated for patients’ rights in NYC by creating an informative presentation and leading workshops with community organizations
- Developed leadership skills and improved self-reflection through bi-weekly sessions with other PFC fellows

**Health Leads New York Advocate**

9/2012-6/2013

*Washington Heights Family Health Center, NY Presbyterian Hospital*

- Worked with clients to help them access health care and social resources such as health insurance, food stamps, and other public benefits
- Worked with program manager and clinic staff (physicians and social workers) to analyze and manage difficult cases
- Engaged in group didactics on current trends in public health and health policy

**VOLUNTEER EXPERIENCE:**

**Visiting Physician**

1/2019-3/2019

*HOPE Foundation Hospital, Cox’s Bazaar, Bangladesh*

- Performed obstetric fistula repairs, vaginal hysterectomies, cesarean sections and provide OBGYN care in a low-resource setting
- Led a team of midwives, medical students, and nursing staff at Rohingya camp refugee hospital
- Taught basic obstetric ultrasound and suturing skills to other physicians, midwives, scrub technicians, and nurses
- Set up the first Operating Room and ran simulations with ancillary staff at HOPE Hospital in Rohingya camp
- Increased proficiency and fluency in medical Bengali and taught key terms to volunteers from abroad

**Medical Mission to Honduras**

8/2011

*Global Medical Brigades, Sophie Davis School of Biomedical Education Chapter*

- Set up and worked in triage, clinic and pharmacy
- Learned and practiced medical Spanish
- Advocated for Pap Screening in Spanish and assisted in conducting pap smears
- Participated in Dental Brigade: taught dental hygiene to groups of children and gave out toothbrushes and toothpaste
- Participated in Architecture Brigade: helped build a school for village children

**Early Marriage Prevention Initiative Volunteer**

7/2012-7/2013

*The Dhaka Project, Bangladesh*

- Advocated for middle school girls under the age of 18 by educating the community about the benefits of preventing early marriage