

J. GLEN HOUSE, MD, MBA

Cell: 719-238-7268 glenhouse@me.com

Board-certified Physical Medicine & Rehabilitation
Physician in active clinical practice. Board subcertifications in Spine Cord Medicine and Brain Injury
Medicine. Trained in spinal cord injury medicine at
the prestigious Kessler Institute for Rehabilitation.
Practice focuses on spinal cord injury and brain
injuries such as stroke and TBI. Washington State
University Medical School Clinical Associate
Professor. Serial physician inventor who holds
numerous patents. Wheelchair dependent since college
due to a C7 complete spinal cord injury.

PROFESSIONAL EXPERIENCE

Kootenai Health - Neurology Clinic, Coeur d'Alene, ID Physical Medicine & Rehabilitation July 2023-Present

Physical Medicine and Rehabilitation Neuro-Trauma Program Director

- Created a Neurological Rehabilitation Outpatient Clinic Program
- Developed a comprehensive spasticity management program
- Assisted to advance the Trauma Level capabilities for the hospital system

Washington State University, Spokane, WA Elson S. Floyd College of Medicine

January 2022 - Present

Clinical Associate Professor, Department of Medical Education and Clinical Sciences

- Teaching PM&R residents spinal cord management clinically and in didactics
- Collaborating with the engineering department to develop new medical devices

Providence St Luke's Rehabilitation, Spokane, WA Medical Center Medical Director – Spinal Cord Injury Program October 2021 – July 2023

- Teaching PM&R residents spinal cord injury management clinically and in didactics
- Teaching therapist and nurses about complex spinal cord injury medicine
- Writing spinal cord injury protocols for the rehabilitation program

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Elevation Medical Supply, LLC Colorado Springs, CO Founder, Board Chairman

January 2017 - Present

• Created a Medicare-certified medical supply company

Adapta Medical, Inc, Colorado Springs, CO

July 2005 - Present

Founder, Chief Medical Officer, Board Chairman

- Developed patented, FDA-cleared urinary catheters for individuals with limited-dexterity
- Created an FDA-registered manufacturing company

Penrose St. Francis Hospital, Colorado Springs, CO

January 2003 – May 2021

Medical Director, Penrose Center for Neuro & Trauma Rehabilitation

- Maintained a CARF-accredited neuro and trauma rehabilitation program
- Assisted to advance the Trauma Level of the hospital system

Colorado Rehabilitation Physicians, PC Colorado Springs, CO

2003 – December 2021

- President
 - Developed an outpatient program for individuals with neurological deficits
 - Created the largest southern Colorado spasticity management program

Select Specialty Hospital (LTAC) Colorado Springs, CO

September 2014 – May 2016

Medical Director

• Managed rehabilitation needs for complex neurologically injury patients

Disaboom, Inc., Greenwood Village, Colorado

October 2006 – November 2009

Co-founder, Chief Medical Officer, Director-Board

- Help create a publicly-traded disability related website
- Created condition-specific knowledge resources

Colorado Springs Sports and Spine, Colorado Springs, CO

January 2004 - 2006

Medical Director, Pain Program

SemperCare Hospital, Colorado Springs, CO Medical Director of Rehabilitation September 2002 - 2006

• Managed rehabilitation needs for complex neurologically injury patients

BOARD CERTIFICATIONS

American Board of Physical Medicine and Rehabilitation (Fellow) Spinal Cord Injury Medicine Brain Injury Medicine

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MEDICAL LICENSES

State of Washington Current

Medical License # IMLC.MD 61124854

State of Idaho Current

Medical License # M-17311

State of Colorado Expired 2023

Medical license # 39706

State of New Jersey Expired 2001

Medical license # 70840

EDUCATION

University of Colorado, Denver, CO

August 2008 – June 2010

Executive MBA

Rutgers New Jersey Medical School, West Orange, NJ July 2000 – June 2001

Kessler Institute for Rehabilitation

Fellowship in Spinal Cord Injury Medicine

Baylor College of Medicine, *Houston*, *TX*July 1997-June 2000

Residency in Physical Medicine and Rehabilitation

Chief Resident January 2000 – December 2000 Chief Residents' Council, Treasurer January 2000 – December 2000

LDS Hospital, Salt Lake City, UT July 1996 – June 1997

Internship in Internal Medicine

University of Washington School of Medicine, Seattle, WA

August 1992 – June 1996

Doctor of Medicine

Texas A&M University, *College Station*, *TX*August 1987 – December 1991

Bachelor of Biomedical Science

PROFESSIONAL MEMBERSHIPS

American Academy of Physical Medicine and Rehabilitation American Paraplegia Society

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COMMITTEE EXPERIENCE	
UMDNJ, Newark, NJ Graduate Medical Education Committee, Department of PM&R	2000 – 2001
Accreditation Council for Graduate Medical Education (ACGME), Site Visit Committee	2000
Baylor College of Medicine, Houston, TX Graduate Medical Education Committee, Department of PM&R	1999
Baylor College of Medicine, Houson, TX Quality Improvement Committee, Chair	1999
HONORS AND AWARDS	
Oliver R. Smith, M.D. Resident Achievement Award Department of PM&R, Baylor College of Medicine	1999
Reviewer for the New Investigator Award American Academy of Physical Medicine and Rehabilitation	1999
Reviewer for the New Investigator Award Physical Medicine and Rehabilitation Education and Research Fund	1999
Best Scientific Paper Award, AAPM&R 60 th Annual Assembly, <i>Seattle, WA</i> American Academy of Physical Medicine and Rehabilitation	1998
Best Scientific Paper Award, AAPM&R 60 th Annual Assembly, <i>Seattle, WA</i> Physical Medicine and Rehabilitation Education and Research Fund	1998
Ellen Griep Memorial Award University of Washington School of Medicine (For the graduate who has provided inspiration to classmates, staff, and faculty by successfu the academic demands of medical education and continued excellence in other endeavors of	,
Northwest Physical Medicine and Rehabilitation Medical Student Award University of Washington School of Medicine (Annual medical student award for excellence in medical rehabilitation)	1996
Dean's List	

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Texas A&M University

PATENTS ISSUED

- 1. 6,090,075, Disposable Urinary Catheterization Assembly, "The Original Patent"
- 2. 7,601,158, Devices for Handling Catheter Assembly, "Gripping Device"
- 3. 7,918,831, Catheter Assembly Having Protective Sheath
- 4. 7,938,838, Devices for Handling Catheter Assembly, "Gripping Device"
- **5.** 8,177,774, **Catheterization Assembly,** "Hydrophilic version"
- **6.** 8,317,775, Urinary Catheterization Assembly with Vented Sheath, "Sheath Vents"
- 7. 8,771,286, Device for Handling Catheter Assembly, "Gripping Device", July 8, 2014
- **8.** 8,728,057, **Device to Aid in Catheter Insertion**, "Insertion Aid for Limited Dexterity"
- 9. 8,845,620, Catheter Reservoir Seals, "Lubricating Stem and Cap"
- **10.** 7,662,146, **Indwelling Urinary Catheter Assembly,** "Indwelling Catheter Sheath"
- 11. 8,414,562, Indwelling Urinary Catheter Assembly, "Indwelling Catheter Sheath"
- **12.** 8,177,765, **Collection Devices for Catheter Assemblies,** "Volume-Converting Urine Collection Bag"
- **13.** 7,938,807, **Devices and Methods for Securing Catheter Assemblies,** "Dual- Functioning Introducer Tip and Securing Adhesive Pad"
- 14. 8,491,552, External Catheter with Antiseptic Agent, "Condom Catheter"

PATENTS PENDING

- **15.** US2010/0312203 A1, **Tear Away Fluid Collection Container**, "Collection Bag and Drainage Loops"
- **16.** US2013/0079755 A1, Catheter Advancement, "Guide to prevent sheath bunching"

PUBLICATIONS

- 1. Kirshblum SC, **House JG**, O'Connor KC: Silent autonomic dysreflexia during a routine bowel program in persons with traumatic spinal cord injury: a preliminary study. Arch Phys Med Rehabil. 2002 Dec;83(12):1774-6
- 2. Linsenmeyer TA, House JG, Millis SR: The role of abnormal congenitally displaced ureteral orifices in causing reflux following spinal cord injury. J Spinal Cord Med. 2004;27(2):116-9
- 3. <u>Contributing textbook author</u>: Rehabilitation of Spinal Cord Injury. In Kirshblum, Campagnolo, DeLisa. Spinal Cord Medicine. Philadelphia: Lippincott, Williams & Wilkins, 2002.
- 4. House JG, Stiens SA: Pharmacologically Initiated Defecation for Persons with Spinal Cord

- Injury: Effectiveness of Three Agents. Arch Phys Med Rehab 1997; 78:1062-1065.
- 5. Stiens SA, House JG, Goetz LL: Chemical Triggers of Reflex Defectaion in Spinal Cord Injury: Comparisons of Effectiveness. Rehabilitation Research & Development Progress Reports 1997; 34:300-301.
- **6.** Stiens SA, **House JG**, Goetz LL, Ong-Hai B, Chang L: Neurogenic Bowel Dysfunction after Spinal Cord Injury: Medications and Techniques to Improve the Efficiency of Bowel Care. Journal of Rehabilitation Research and Development Progress Reports, 1999 (in press).

PRESENTATIONS

- 1. "Metabolic dysfunction in spinal cord injury", Metabolic Health Summit Speaker, Santa Barbara, California, May 2022
- 2. "Vesicoureteral Reflux in Spinal Cord Injury: The Role of Congenitally Displaced Ureters", Platform Presentation, American Paraplegic Society, 47th Annual Conference, September 2001
- **3.** "Silent Autonomic Dysreflexia During Bowel Program in Spinal Cord Injury", Poster Presentation, Annual Conference of the American Academy of Physical Medicine and Rehabilitation, November 2001
- 4. "Effects of an Aggressive Standing Protocol on Bone Mineral Density in Spinal Cord Injury: A Case Study," Poster Presentation, AAPM&R Academy Conference, San Francisco, CA, November 2000
- 5. "A Comparison of Urinary Tract Infection Incidence in Spinal Cord Injured Men using Clean Intermittent Catheterization and External Condom Catheter," Poster Presentation, AAPM&R Academy Conference, Washington, DC, November 1999

